

# ROTARACT CLUB, CVS-College of Vocational Studies

University of Delhi

Events 2019-20

Rotary



RISE

ROTARACT IN SOCIAL  
ENVIRONMENT

<u>Name of the Event</u>	<u>Date</u>	<u>No. of Participants</u>
Vriksharopan 2.0	03rd, 05th-06th July 2019	21
Dance Marathon: Water Conservation	28th July 2019	70
Independence Day Celebration: Shahdra	11th August 2019	19
Blood Donation Camp	21st August 2019	22
Donation Drive	02nd-04th September 2019	25
Envision 3.0: Training Session	14th September 2019	21
Searic South Asia Summit 2019	21st-23rd September 2019	17
Literacy For Change	27th September 2019	20
Plastic Free India	02nd October 2019	17
Walk 2.0: Mental Health Campaign	16th October 2019	24
Diya Decoration: Slum Area	19th October 2019	23
Breast Cancer Awareness Camp	21st-22nd October 2019	18
Mega Blood Donation Camp	03rd November 2019	22
Rotaractors become Santa: Clothes Distribution	25th December 2019	16
Tobacco: Tobacco Awareness	31st December 2019	22
New Year Celebration	01st January 2020	25
Army Day Celebration	15th January 2020	28
National Girl Child Day	24th January 2020	23
Pehel: Educational Awareness	27th January 2020	27
Jaagrukta: Disease Awareness Drive	28th January 2020	19
Sneh Sparsh: Prosthetic Hand Distribution	02nd February 2020	21
Vote-A-Right: Voting Awareness	04th February 2020	25

## Vriksharopan 2.0

**Date:** 3<sup>rd</sup>, 5<sup>th</sup> and 6<sup>th</sup> July 2019

**Description:** The event was organized under the District Initiative; Green Revolution 2.0. It was conducted in 3 Phases covering 2 Govt. Schools and a large Central Park in Vikaspuri, West Delhi. The Club succeeded in planting a total of (280) saplings.

### Evidence Links

<https://www.instagram.com/p/CQi4l2HAsBR/?igshid=YmMyMTA2M2Y=>



## Dance Marathon: Water Conservation

**Date:** 28th July 2019

**Description:** Rotaract Club of Ashoka Artisans in collaboration with 22 clubs from RID 3011 and RID 3012 and took a novel initiative to create awareness on one of the major current issues affecting India - Water Crisis in India. The awareness was done by doing threefold activities i.e. Freeze mob, human chain and dance marathon. The event was marked by the presence of more than 70 volunteers.



## Independence Day Celebration: Shahdra

**Date:** 11<sup>th</sup> August 2019

**Description:** Our club celebrated Independence Day with the students at Shahdara, where many students performed on patriotic songs and spoke lines on this special day. We also distributed refreshments.

**Photos:**





### Evidence Links

[https://www.instagram.com/p/B0\\_Zn3yg0n4/?igshid=YmMyMTA2M2Y=](https://www.instagram.com/p/B0_Zn3yg0n4/?igshid=YmMyMTA2M2Y=)

## Blood Donation Camp

**Date:** 21<sup>st</sup> August 2019.

**Description:** The event was organized in collaboration with Reviving Lives, an NGO, at Vishwidyalyaya Metro Station.

**Photos:**



## Donation Drive

**Date:** 2<sup>nd</sup>, 3<sup>rd</sup> & 4<sup>th</sup> September 2019

**Description:** The event was organized by the club in the college premises where students donated many story books, novels, course books of elementary education. We donated these books to Teach for India.



## Envision 3.0: Training Session

**Date:** 14<sup>th</sup> September 2019

**Description:** It was a district initiative wherein the District conducted the training for all Directors of the club on 14th September 2019 at Adarsh Public School.

**Photos:**





## **Searic South Asia Summit 2019**

**Date:**21<sup>st</sup> - 23<sup>rd</sup> September 2019

**Description:**Our Club trainer represented our club at Searic South Asia Summit 2019 which was hosted by District Rotaract Organisation, RI District- 3262, Odisha, India.

**Photos:**





### Evidence Links

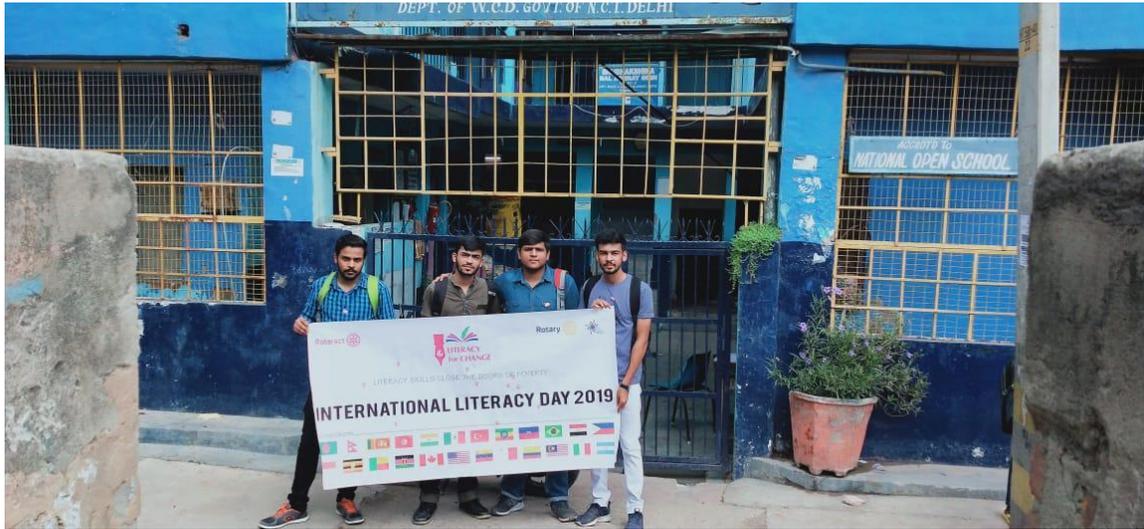
<https://www.instagram.com/p/B3h0fETAyIw/?igshid=YmMyMTA2M2Y=>

## Literacy For Change

**Date:** 27<sup>th</sup> September 2019

**Description:** Under the initiative Literacy for Change, of Rotaract Club of Islamabad, RID 3282, Our Club visited an orphanage to teach children on the occasion of World Literacy Day. In this event 23+countries and 94+ clubs participated.





### **Evidence Links**

<https://www.instagram.com/p/B3pbBidAz46/?igshid=YmMyMTA2M2Y=>

## **Plastic Free India**

**Date:** 2<sup>nd</sup> October 2019

**Description:** As an initiative on Plastic - Quit India Movement declared by our Hon'ble Prime Minister, Govt. health officials at Madipur are doing a program on 2nd October 2019. Our club members also participated in this initiative and played an active role. They moved to the streets and clean the plastic.





## Walk 2.0: Mental Health Campaign

**Date:** 16<sup>th</sup> October 2019

**Description:** Rotaract Club of CVS in association with RaC Delhi Elite, RaC Delhi Janak and RaC Ashoka Artisans organise “The Walk 2.0, For the journey that is life”. The walk spread awareness regarding the mental health followed by a speaker session on mental health and suicide prevention. There was a fun Zumba session at the end.

**Photos:**



### Evidence Links

<https://www.instagram.com/p/CCD3t7ygApU/?igshid=YmMyMTA2M2Y=>

## Diya Decoration: Slum Area

**Date:** 19<sup>th</sup> October 2019

**Description:** Rotaract Club of Young Visionaries along with our club organised a Diya Decoration. We wanted to organise this event not only for celebrating the occasion of Diwali but also helping the children spread their wings of creativity. The club members feel overwhelmed seeing the happy faces of children.

**Photos:**





**Evidence Links**

<https://www.instagram.com/p/CCD3t7ygApU/?igshid=YmMyMTA2M2Y=>

## Breast Cancer Awareness Camp

**Date:** 21<sup>st</sup>& 22<sup>nd</sup>October 2019

**Description:** RaC CVS in collaboration with RaCVL organise 2 days Breast Cancer Camp along with pad distribution and a panel discussion on the same.

**Photos:**





## Mega Blood Donation Camp

**Date:** 3<sup>rd</sup> November 2019

**Description:** The event was organized at Bangla Sahib Gurudwara on 3<sup>rd</sup> November 2019.

**Photos:**





## Rotaractors become Santa: Clothes Distribution

**Date:** 25th December 2019

**Description:** The event was organized at AIMS and Safdarjung Hospital. The initiative aimed at spreading smiles on the face of unprivileged. RaCCVS became Santa and distributed clothes.

**Photos:**



## Tobacco: Tobacco Awareness

**Date:** 31<sup>st</sup>December 2019

**Description:** RaCCVS volunteered in a Tobacco campat Paonta Sahib, Himachal Pradesh. It aimed to spread awareness about the harmful effects of tobacco products and helped them to leave such practices.

**Photos:**



## NEW YEAR CELEBRATION: MANSAROVAR PARK

**Date:** 1<sup>st</sup> January 2020

**Description:** The event was organized at Slum area near Mansarovar Park on 1st January 2020. Sports activities and a session of storytelling by professionals was organised and it witnessed the happiness and satisfaction of the little ones. The rotaractors felt very nice for being a cause of someone's happiness.

**Photos:**



### **Evidence Link**

<https://www.instagram.com/p/CCD3t7vgApU/?igshid=YmMyMTA2M2Y=>

## **ARMY DAY CELEBRATION**

**Date:** 15th January 2020

**Description:** A Photography event was organised by RaCCVS to show the gratitude towards soldiers on the account of ARMY DAY. It's an online event which provides opportunity to the participants to interact with army men.

**Photos:**





### Evidence Link

<https://www.instagram.com/p/B7LPeL1Ab13/?igshid=YmMyMTA2M2Y=>

## BETI 4.0: NATIONAL GIRL CHILD DAY

**Date:** 24<sup>th</sup> January 2020

**Description:** On the occasion of National Girl Child Day, Rotaract club of Sri Aurobindo College organized BETI 4.0 to strengthen the status of girl child in the society. RaCCVS also participated in the event in the huge number as we also believed in the thought of completely removing female foeticide. All the members enthusiastically participated in the cycle rally cum marathon.

### **Photos:**





## PEHEL: EDUCATIONAL AWARENESS

**Date: 27<sup>th</sup> January 2020**

**Description:** The rotaractors visited the slum area and carried out Educational awareness and enrollment drive. This is the project which helped them to learn through their actual experience and peers.

**Photos:**

Rotary

Rotaract

COLLEGE OF VOCATIONAL STUDIES

A ROTARACT CLUB  
OF  
COLLEGE OF VOCATIONAL STUDIES  
Initiative

पहल

Coming  
Soon

Rtr. Kanishk Khurana  
7838299776

Rtr. Aman Raj Gupta  
8447565428



### Evidence Link

<https://www.instagram.com/p/CCD3t7ygApU/?igshid=YmMyMTA2M2Y=>

## **JAAGRUKTA: DISEASE AWARENESS DRIVE**

**Date:** 28<sup>th</sup> January 2020

**Description:** RaCCVS took an initiative named JAAGRUKTA an online awareness campaign in which it talked about different diseases by which people were not much aware about.

**Photos:**

**ROTARACT CLUB OF COLLEGE OF VOCATIONAL STUDIES**  
Presents  
**JAAGRUKTA**  
Diseases Prevention 'Awareness Drive' Starts Today!  
Rotaract Club of Cvs will spread awareness about different diseases.

Rtr. Kanishk Khurana  
President  
7838299776

Rtr. Aman Raj Gupta  
Project Chair  
8447565428

**PSORIASIS**  
Psoriasis is an immune-mediated condition that causes the body to make new skin cells in days rather than weeks.  
Psoriasis is most likely to appear first between the ages of 15 and 35 years old. Males and females get it at about the same rate.  
According to the International Federation of Psoriasis Associations (IFPA), nearly 3 percent of the world's population has some form of psoriasis. That's about 125 million people.  
The World Health Organization noted in 2016 that the reported prevalence of psoriasis worldwide ranges between 0.09 percent and 11.43 percent, making psoriasis a serious global problem with at least 100 million individuals affected worldwide.

			
<p><b>PSORIASIS</b> Causes:-</p> <p>Research suggests that psoriasis could be an autoimmune disease, though no autoantigen that could be responsible has been defined yet.</p> <p>In your immune system, it's the job of your T cells to attack foreign organisms to keep you healthy. For those with psoriasis, the T cells mistakenly attack healthy skin cells. This leads to an overproduction of new skin cells, T cells, and white blood cells.</p> <p>This all allows dead skin cells to accumulate. The accumulation creates the hallmark scaly patches seen in psoriasis.</p> <p>No type of psoriasis is contagious. You can't catch psoriasis from someone who has it.</p>		<p><b>PSORIASIS</b> Symptoms</p> <p>Psoriasis usually causes patches of thick, red skin with silvery scales that itch or feel sore.</p> <p>Psoriasis can show up anywhere — on the eyelids, ears, mouth and lips, skin folds, hands and feet, and nails. In mild cases, it may cause patches of dry, itchy skin on your scalp.</p> <p>In severe cases, it can progress to cover large areas of your body and cause a variety of uncomfortable symptoms.</p>	
			

**Evidence Link**

<https://www.instagram.com/p/CH2xcJAAU9y/?igshid=YmMyMTA2M2Y=>

**SNEH SPARSH: PROSTHETIC HAND DISTRIBUTION**

**Date:** 2<sup>nd</sup> February 2020

**Description:** Rotaract Club Meerut, Virat organized this event. L.N prosthetic hand from Bangalore were being distributed to 200 people. These hands can work to hold spoon, pen, cup and can be used to drive bikes etc. RaCCVS also participated in this noble cause.

**Photos:**





## VOTE-A-RIGHT: VOTING AWARENESS

**Date:** 4<sup>th</sup> February 2020

**Description:** A Voting Awareness campaign was being organized in College of Vocational Studies. The main objective of the campaign was to inculcate the importance of voting, demo of EVM machines and the rally for the same. The rotaractors felt amazing and it provided to be a informative session for all.

**Photos:**





**Evidence Link**

<https://www.instagram.com/p/B8YH83HAhD5/?igshid=YmMyMTA2M2Y=>

This is to certify that the activity report (Teacher/Department/Society/Association) has been submitted for documentation to Internal Quality Assurance Cell, College of Vocational Studies, University of Delhi.

*Anu Satyal*

Dr. Anu Satyal  
IQAC Cordinator  
College of Vocational Studies

*Ajay Jaiswal*

Prof. Ajay Jaiswal  
Officer on Special Duty  
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