



**AAGHAAZ - The Women Development Cell  
of College of Vocational Studies, University  
of Delhi**



**Events 2019-20**

<u>Name of the Event</u>	<u>Date</u>	<u>No. of participants</u>
Cyber Crime Awareness Workshop	26th July, 2019	150
Workshop on Non Communicable Diseases	17th September 2019	120
Pride March	20th September, 2019	55
Online Speak-up Campaign on Homosexuality	7th October, 2019	150
Umeed Ki Udaan: International Girl Child's Day	6th November 2019	150+
Online Open Pen Competition: Mother's Day	9th-10th May, 2020	40
Donation Drive	4th-5th March 2020	50
CVS Girl's Day	19th February, 2019	50
Self Defence Campaign	10th February 2020	65
Campus Ambassadors Programme	25th January 2020	80

## CYBER CRIME AWARENESS WORKSHOP

A successful workshop was organized by AAGHAAZ on 26th July, 2019 in order to create legal awareness among students about CYBER CRIME in the seminar hall. Our Honourable Principle, Inderjeet sir and Respected Geetha Ma'am inaugurated the workshop with the special guest Inspector Ajit Kumar (Delhi police South District) by lighting the diya. Many informative and helpful topics were discussed for keeping our data safe. Like changing passwords frequently, not keeping easy passwords, not getting trapped in bank fraud calls. The cases of cybercrimes are increasing day by day, it's our duty to be alert and safe so that this ratio comes down and also it's good from the safety purpose. It was good to see that the spectators were alert and attentive. It reflected how we as the youth are understanding responsibilities. It was great to see everybody interact and question.





**Social Media Link(s):**

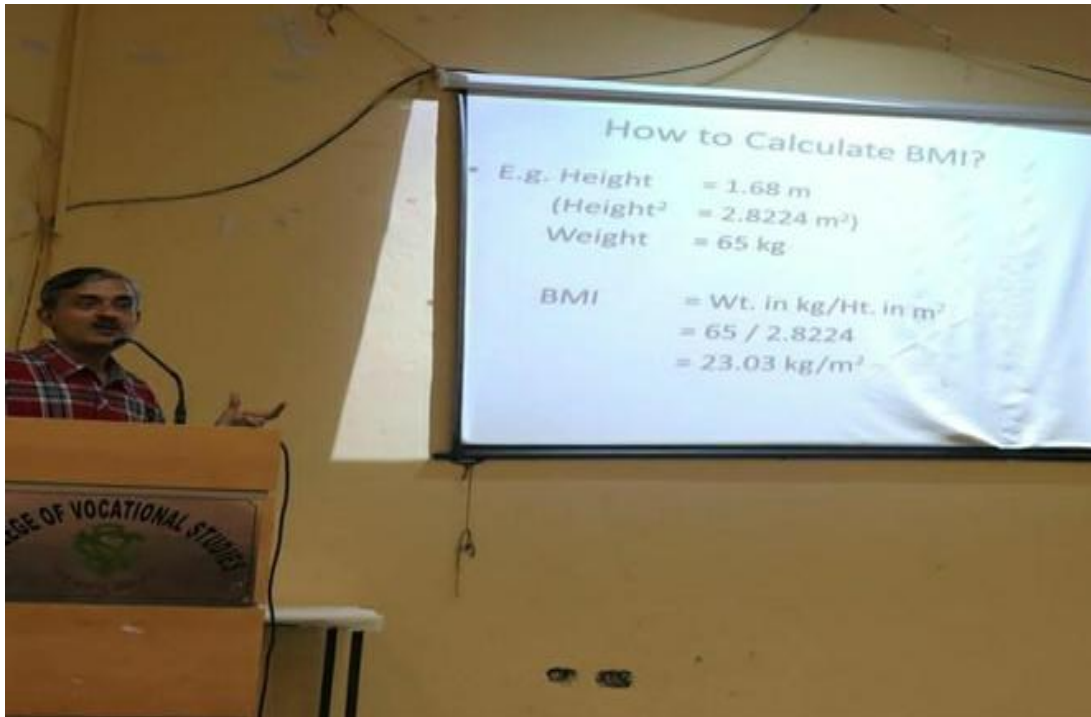
<https://www.instagram.com/p/B0Xgkn6niMb/?igshid=MDJmNzVkMjY=>

<https://www.facebook.com/828538713882326/posts/pfbid06g7g5FQEbWC8GNfyhUDjxvR3s2G2sstddZd11h5c1MRwnNbcThBqAtg1HLnvAqVI/>

## WORKSHOP ON NON COMMUNICABLE DISEASES

A wonderful workshop was organised to create awareness among students about "Non-Communicable diseases" in collaboration with National Centre of Disease Control in the college premises on 17th September 2019. Our honourable principal Inderjeet Sir and respected Geetha Ma'am inaugurated the workshop by lighting the Diya and welcome speeches. Dr Anshul Sharma, additional director NCD, enlightened us about the non-communicable diseases and their drastic effects on our generation, followed by Dr. Navin Verma, Dr. Rinku Sharma and Dr. Manoj Kumar. They focused on how to keep a check on our a check on our healthy routine, the importance of keeping our daily tracks which can help us leading a healthy life and the biggest problem offer generation coma and suggestions on some effective ways to reduce them respectively.





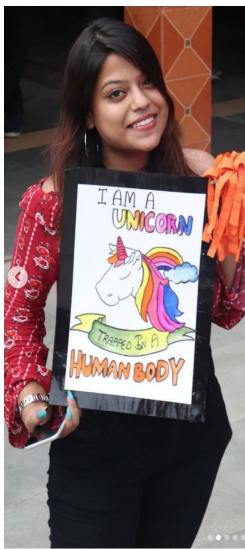
**Social Media Link(s):**

<https://www.instagram.com/p/B2o3-iZHp09/?igshid=MDJmNzVkMjY=>

<https://www.facebook.com/828538713882326/posts/pfbid0e9tdEghYvGeBgei9PMYVstGkik edJ21VJdnp5yNFPc47xNLsC2c8LcHFm6kTwX3TI/>

## **PRIDE MARCH**

20th September, 2019 we organised a PRIDE MARCH, an effort to undermine the prejudice against LGBTQ community. We received an overwhelming response from the people who took part in the March, irrespective of their sexual orientation. They all showed huge enthusiasm which was articulated in the form of slogan, heralding the March with rainbow coloured flags, and by painting their faces and hands symbolising the rainbow flag. It was a great move for Pride March to be executed so well in our college along with the support of teachers, and a massive number of students, showing love can indeed be expressed and celebrated, without any restrictions.









**Social Media Link(s):**

<https://www.instagram.com/p/B3ES0DInS6X/?igshid=MDJmNzVkMjY=>

<https://www.facebook.com/828538713882326/posts/pfbid0AUW61U6XtKmJaASjggdcEYrTZB4X9s5TEbmeZExgGtNLZ6QkxQoLEb3nBwaRPR6UI/>

## ONLINE SPEAKUP CAMPAIGN ON HOMOSEXUALITY

Aaghaaz on 7th October, 2019 had organised an Online Speak-up Campaign on Homosexuality which was attended by around 150 people. There was a huge enthusiastic response from participants and others. Discussion included the hatred towards homosexuality in Indian culture stems from the Vedic era as shastras prohibited the same gender relations or marriages as an illegitimate relation as the couple cannot further the human race or produce offsprings. Their freedom to love was prohibited until 2018 when they saw the light of the day when the Supreme Court announced its historic decision of legalizing the same gender relationship by scrapping section 377.



**Social Media Link(s):**

<https://www.instagram.com/p/B3UtXCMnPrK/?igshid=MDJmNzVkMjY%3D>

## UMEED KI UDAAN: INTERNATIONAL GIRL CHILD DAY

Umeed ki Udaan, The Semi Annual Fest of Aaghaaz was a two-day event that was held on the 6th of November on the occasion of the International Girl Child's Day. Various competitions like movie quiz, Instagram reels, and monologue competitions were held. A great number of people participated in all the competitions with enthusiasm. The whole purpose of the event was to promote gender equality and we were able to deliver this message due to large marketing and huge participation.

**AAGHAAZ**  
WOMEN DEVELOPMENT CELL OF CVS

PRESENTS

# UMEED KI UDAAN

"BREAKING STEREOTYPES"

**6th NOVEMBER**

**FOR MORE INFORMATION**  
 \*KITA:8076687122  
 M. GEETHA :9810617815  
 VIBHOR:8860740980

**MEDIA AND BEVERAGE PARTNERS**

DU VIBES, THE CAMPUS MEDIA, DEJ, AAGHAAZ, DU VIBES

AAGHAAZ-THE WOMEN DEVELOPMENT CELL OF CVS PRESENTS

**POWER LIFTING COMPETITION**

TIME-9AM VENUE-GROUND

REGISTER AT: [HTTPS://BIT.LY/2BM800N](https://bit.ly/2BM800N)

FOR MORE INFO:  
 KAPIL:9312322820  
 RISHITA: 9205335943

MEDIA & BEVERAGE PARTNERS

DU VIBES, THE CAMPUS MEDIA, DEJ, AAGHAAZ, DU VIBES

AAGHAAZ THE WOMEN DEVELOPMENT CELL OF CVS

**UMEED KI UDAAN**  
#BREAKINGSTEREOTYPES

लफ़्ज़ों का वार

**RAP BATTLE**

VENUE : GULLY NO.420 (Seminar Hall)  
 DATE : 6TH NOVEMBER  
 TIME : 9:30 ONWARDS

NUPUR 9873244720 Register at : <https://bit.ly/340Rk1M> MANISH 9910908481

media and beverage partner: DU VIBES, THE CAMPUS MEDIA, DEJ, AAGHAAZ, DU VIBES

AAGHAAZ THE WOMEN DEVELOPMENT CELL OF CVS

**UMEED KI UDAAN**  
'Breaking Stereotypes'

PRESENTS

**SLAM POETRY COMPETITION**  
TOPIC- LGBTQ

सुना है अब मोहब्बत के मायने बदल गए हैं,  
सुना है अब इश्क के दायरे बदले हुए हैं।

Prizes For First Three Winners

Medium- Written Time- 9am Onwards  
Date- 6th November Venue- NB 01

Performance by Asmita Theater group on  
**Queer Struggles**

Gursimran 9711525203 Register at: <https://bit.ly/2PkhNmT> Joy 9927875936

Media and Beverage partners: THE EDUCATION FREE, DU VIBES, THE CAMPUS MEDIA, DU UPGRADE, ALCOHOL FREE SHOP, DEJOU EXPRESS

AAGHAAZ THE WOMEN DEVELOPMENT CELL OF CVS

**UMEED KI UDAAN**  
#BREAKINGSTEREOTYPES

PRESENTS

**DOMESTIC SILENCE:**  
VIDEOGRAPHY COMPETITION  
AND  
**PERSPECTIVE THROUGH ANOTHER EYE:**  
PHOTOGRAPHY COMPETITION

THEME : ROLE OF WOMEN IN THE SOCIETY

LAST DATE TO SUBMIT: 5TH NOVEMBER 2019

RISHABH MUNJAL: 9810154697 REGISTER AT: <https://bit.ly/36qlzCO> BONUS- winner will be rewarded as videography head of AAGHAAZ

Media and Beverage partners: DEJOU EXPRESS, THE EDUCATION FREE, THE CAMPUS MEDIA, DU UPGRADE, DU VIBES, ALCOHOL FREE SHOP

AAGHAAZ-THE WOMEN DEVELOPMENT CELL OF CVS

PRESENTS

**UMEED KI UDAAN**

SLAM POETRY (LGBTQ+)  
THROUGH THE LENS (DOMESTIC SILENCE)  
RAP BATTLE (BREAKING THE STEREOTYPES)  
POWER LIFTING

- 06.11.2019 - 9 AM ONWARDS - SEMINAR HALL

ANKITA (PRESIDENT) 8076687122  
DR. M. GEETHA (CONVENOR) 9810617815  
VIBHOR (VICE-PRESIDENT) 8860740980

AAGHAAZ-THE WOMEN DEVELOPMENT CELL OF CVS

PRESENTS

**UMEED KI UDAAN**

CHIARA L.F. MICRO-ENTREPRENEUR & MUSICIAN  
SHAHBAZ ANSAR NEWS REPORTER  
ALICE SHARMA AUTHOR  
RAHUL KAUSHIK AUTHOR

PERFORMANCE BY ASMITA THEATRE

- 06.11.2019 - 11 AM ONWARDS - SEMINAR HALL

ANKITA (PRESIDENT) 8076687122  
DR. M. GEETHA (CONVENOR) 9810617815  
VIBHOR (VICE-PRESIDENT) 8860740980

**Social Media Link(s):**

[https://www.instagram.com/p/B4DE\\_xLH1fL/?igshid=MDJmNzVkMjY%3D](https://www.instagram.com/p/B4DE_xLH1fL/?igshid=MDJmNzVkMjY%3D)

[https://www.instagram.com/p/B4FdRmcHN8\\_/?igshid=MDJmNzVkMjY%3D](https://www.instagram.com/p/B4FdRmcHN8_/?igshid=MDJmNzVkMjY%3D)

<https://www.instagram.com/p/B4ErXJynA-l/?igshid=MDJmNzVkMjY=>

<https://www.instagram.com/p/B4HGRyrHVha/?igshid=MDJmNzVkMjY%3D>

<https://www.instagram.com/p/B4IUS4QHDjT/?igshid=MDJmNzVkMjY=>

[https://www.instagram.com/p/B4U\\_HvcHhT7/?igshid=MDJmNzVkMjY=](https://www.instagram.com/p/B4U_HvcHhT7/?igshid=MDJmNzVkMjY=)

[https://www.instagram.com/p/B4cZ9BIHwt\\_/?igshid=MDJmNzVkMjY=](https://www.instagram.com/p/B4cZ9BIHwt_/?igshid=MDJmNzVkMjY=)

<https://www.instagram.com/p/B4d5M83n2IN/?igshid=MDJmNzVkMjY=>

<https://www.instagram.com/p/B4oN9VBn7Lj/?igshid=MDJmNzVkMjY=>

<https://www.facebook.com/828538713882326/posts/pfbid028MK4jdrbFmjxAgiK7TwPTqXcFFGSB7dkcJwpXXZfdgrgv2F1Aedj1sM64oSUKUAI/>

## ONLINE OPEN PEN COMPETITION

Aaghaaz- the Women Development cell of CVS held an online pen competition from 9th to 10th May, 2020 on the occasion of Mother's Day to cherish and honour the love of every mother. We celebrated motherhood the entire month of May, through our ONLINE OPEN PEN COMPETITION. The entries and poems were just diverse, but all shared the same sentiment – the child's feelings about their mom. The works and writings were of an exceptionally high quality, which made picking a winner exceptionally difficult. It was just wonderful to read and go through all the poems, drawings, writings we received from the students.



**AAGHAAZ THE WOMEN DEVELOPMENT CELL OF CVS**  
*PRESENTS*

# मातृ

**AN ONLINE OPEN PEN COMPETITION**  
**THEME : MOTHER'S DAY**

- POETRY
- STORY
- PROSE
- DRAWING
- SONG

Last Day to submit your entry : 9th May, 2020 (5pm) at  
[aaghaazwdccvs@gmail.com](mailto:aaghaazwdccvs@gmail.com)

Top 3 entries will be featured on the social media handle of Aaghaaz CVS & E-certificate will be provided to all the participants.

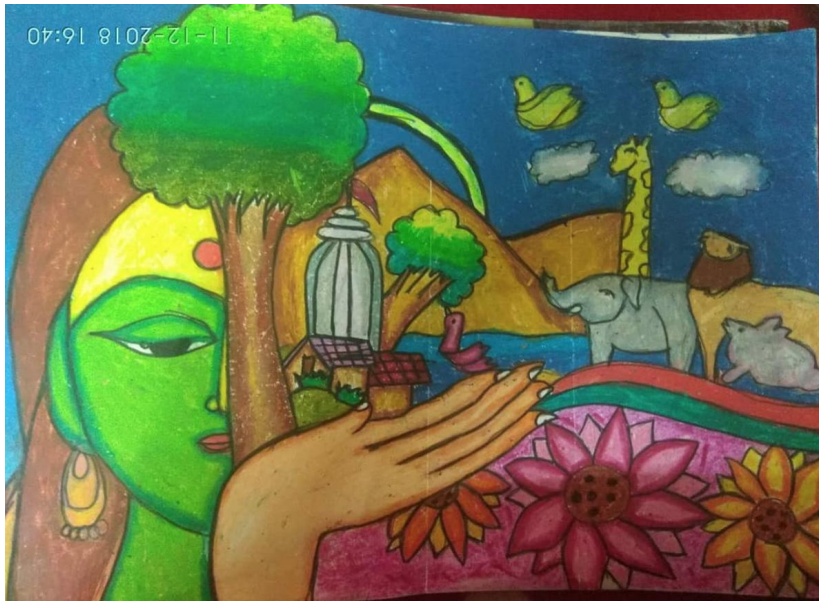
Follow us on  
 @aaghaaz\_cvs

Media Partners:-  


Ankita  
(President)  
8076687122

Vibha  
(Vice-President)  
8860746960

DR. M. GEETHA  
(Convener)  
9910617815



Mothers

Wakes me at six but tells me ten  
Warns, stay away from all kinds of men  
Asks me about my honest opinion  
But would reject it in her dominion  
Asks me what she shall cook?  
But ends up giving me 'that' look  
Spies on me like an intelligence detective  
When caught, she says that I am just protective  
When she wants me to clean my room  
She'll debt me with her 9 month womb  
I think it's her trump card as it seems  
Nevertheless her emotions are extreme  
I am too big to take responsibility  
But too young for general credibility  
When I try to be too bombastic  
She brings me down by being sarcastic  
Do this, Do that, but nothing at all  
Help me here, you are not a doll  
Scolds me for my obsession with phone  
Learns technology when she is alone  
When I tell her I got hurt  
She'll scold me for a dirty shirt  
Apparently the kitchen is never clean  
Smirks but asks 'anything else my queen?'  
Water bottles in fridge are never full  
Run from there or she'll do the needful  
All things aside she is a sweetheart  
Don't get fooled she is very smart  
But her smile can take all sorrow away  
She is imperfect in her perfect way.

~ Swasti Mishra

### Social Media Link(s):

[https://www.instagram.com/p/CACr92njF-K/?utm\\_source=ig\\_web\\_copy\\_link](https://www.instagram.com/p/CACr92njF-K/?utm_source=ig_web_copy_link)



[https://www.instagram.com/p/CACsCbmDEGz/?utm\\_source=ig\\_web\\_copy\\_link](https://www.instagram.com/p/CACsCbmDEGz/?utm_source=ig_web_copy_link)

[https://www.instagram.com/p/B\\_2dzAQj4w/](https://www.instagram.com/p/B_2dzAQj4w/)


<https://www.facebook.com/828538713882326/posts/pfbid0cHfSsqktuQrSKy4pezYxcu5gYJncoVUIWGTwefWpTEtEYY5JhTgxuwYcbEL4aLml/>

## DONATION DRIVE

Be the reason of someone's smile, be the reason someone believes in goodness. Keeping the same in mind, Aaghaaz, the Women Development Cell of College of Vocational Studies had organised a Donation Drive to donate for a noble cause. It was organised on 4th and 5th March in the college premises. Many essentials items including sanitary napkins, clothes, and eatables were collected, which were further donated to the needy ones. It was all about making an impact and reviving the faith in humanity. Acknowledging the power to 'GIVE' as not a duty, but privilege, it was our time to be the change that wish to see in the society.






**AAGHAAZ**  
**THE WOMEN DEVELOPMENT CELL OF CVS**  
Presents  
*Donation Drive*



*Donate!!  
Sanitary Pads*

*You can also donate :*

- Medical supplies
- Dental hygiene Essentials
- Toys & other worthy items

 - 4-5 th March'20       - 10:30-12:30       - Aaghaaz wall

Ankita  
(President)  
8076687122

Dr.M.Geetha  
(Convenor)

Anushka  
(HR Head)  
8448643015

### Social Media Link(s):

<https://www.instagram.com/p/B9PO0eRnqMX/?igshid=YmMyMTA2M2Y=>

<https://www.facebook.com/828538713882326/posts/pfbid0uqW3BUFKULm5xRVcRM2m2VXoAAQtEUCH9X61HmsWaKE14c7GjyKmj99xrerLUajDI/>



## NOOR- EK NAYA DAUR (CVS GIRL'S DAY)

This event was organised in collaboration with STREEDHAN on 19th February, 2020 within the college premises. With full enthusiasm the event was commenced. Our convenor Ms. Geetha honoured our guest speaker Ms. Tanya Malik. She then proceeded with an interactive session and told us some hideous but true statistics. With the help of a presentation she tried to explain and extract knowledge about the rape culture and how every one of us is a guilty contributor to it. Though it was CVS Girls Day but she didn't forget the boys, who are also the victim of this serious rape culture. We discussed and realised how we need to navigate an end to rape culture. After the workshop which was the main highlight of the event, the day was adorned with two most awaited events The Singing and The Poster making competition which were amazing. As the event came to an end Aaghaaz thanked their guest speaker, all the participants, our convenor and all the members of Aaghaaz for their presence and making this event a success.



**AAGHAAZ-THE WOMEN DEVELOPMENT CELL OF CVS**


Presents

**Noor- Ek Naya Daur**  
CVS GIRLS DAY

"Celebrating all the genders"

 - 19th feb'20

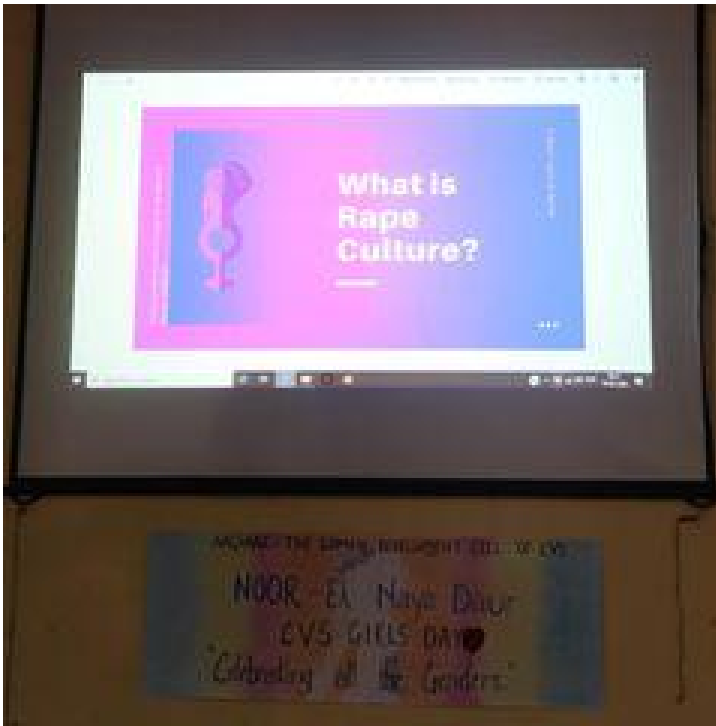
 - 9 Am Onwards

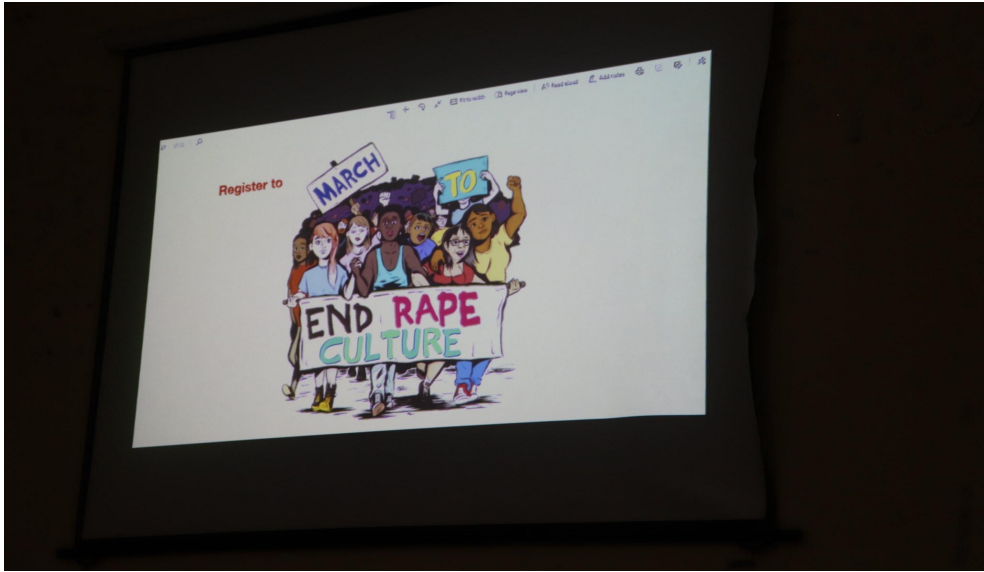
 - Seminar Hall

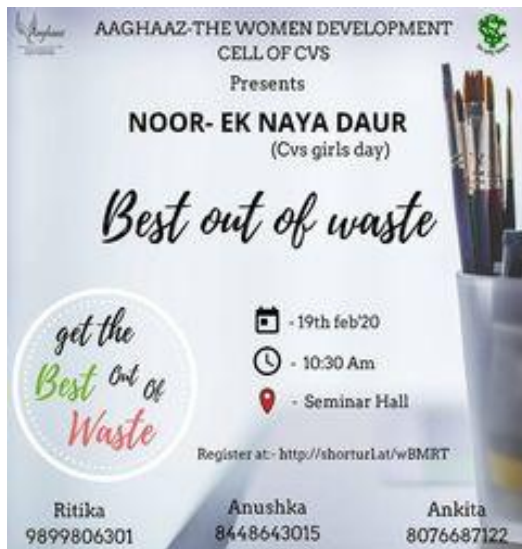
Dr. M. Geetha  
(Convenor)  
9810617815

Dr. Inderjeet Dagar  
(Principal)

Ankita  
(President)  
8076687122







**Social Media Link(s):**

[https://www.instagram.com/p/B8r\\_XZQH3lq/](https://www.instagram.com/p/B8r_XZQH3lq/)

<https://www.instagram.com/p/B8yafKnn8S3/>

<https://www.instagram.com/p/B8olkBGn5Ym/>

<https://www.instagram.com/p/B8n8r88Hozh/>

<https://www.facebook.com/828538713882326/posts/pfbid032ejRWwNdeYjUuWtN5crEkbU7QPQkrZXjdpdwBc8nq8bHPWUo2g5nroPpXGhJg5GEI/>

<https://www.facebook.com/828538713882326/posts/pfbid026N6VspcMpqZqt8R7DH7mQYnJ5ovaxwWNxHVtXrLBWRG3Q476c8763ms8NreGV6EQI/>

## SELF DEFENCE DEMO

Aaghaaz conducted a Self Defence Campaign on 10th February 2020. Dr. Sijo specifically focused on the importance of Self Defence in today's hard times and also elaborating on the role of martial arts through a Power Point Presentation, which also highlighted the history and current importance of martial arts. He also proceeded to perform some simple yet effective moves. This campaign was held with collaboration from DSA- Dronacharya Sports Academy and was absolutely free for CVS girls.



AAGHAAZ- THE WOMEN  
DEVELOPMENT CELL OF CVS



Presents

# SELF DEFENSE DEMO

*By Dronacharya Sports Academy*

Sponsored by

*College Of Vocational Studies*



- 10th Feb'20



-11:30 Am



-Seminar Hall

"I have a self-defense mind. I've had  
it all my life"

Dr. M. Geetha  
(Convenor)  
9810617815

Dr Inderjeet Dagar  
(Principal)

Ankita  
(President)  
8076687122







**Social Media Link(s):**

<https://www.instagram.com/p/B8SsYMuHnyP/?igshid=YmMyMTA2M2Y=>

<https://www.facebook.com/828538713882326/posts/pfbid0o7J1raDgF7pqrJZ8AXL8V3M9Yk3fnCiH8akvmmkouwteQ6vjH5dSDz76up4dVk1MI/>

## CAMPUS AMBASSADORS PROGRAMME WITH SIRONA

Sirona is an award-winning brand, committed to solving those intimate and menstrual hygiene issues of women. Aaghaaz had collaborated with Sirona in a Campus Ambassadors Programme on 25th January 2020. Campus Ambassadors and students were given a chance of being a part of this campaign which helped spread awareness about menstrual hygiene. Students engaged in different kinds of activities throughout the program that taught them Digital Marketing, Marketing Survey, and Analysis and Sales.



AAGHAAZ THE WOMEN DEVELOPMENT CELL OF CVS  
*In Collaboration with*



# SIRONA

*Presents*

## CAMPUS AMBASSADOR PROGRAMME

*IT'S TIME TO LEARN AND EARN.*

### LEARN

- DIGITAL MARKETING
- OFFLINE MARKETING
- GET FREE PRODUCTS
- REPORT WRITING
- SALES

**ANKITA**  
( President )  
8076687122

**VIBHOR**  
( Vice-President )  
8860740980

### INCENTIVES

- CERTIFICATE
- LETTER OF APPRECIATION
- LETTER OF RECOMMENDATION
- CASH PRIZES AND GOODIES
- FREE TRIP TO GOA

**DR. M. GEETHA**  
( Convenor )  
9810617815

### Social Media Link(s):

<https://www.instagram.com/p/B7vvWdknWlp/?igshid=YmMyMTA2M2Y=>

<https://www.facebook.com/828538713882326/posts/pfbid02KrocSLo7T4jXiRXySSMyDTMVquRYhKngM8HVL3CRpiS2NLiRjHe7onieFLnUaKl/>



This is to certify that the activity report (Teacher/Department/Society/Association) has been submitted for documentation to Internal Quality Assurance Cell, College of Vocational Studies, University of Delhi.

*Anu Satyal*

Dr. Anu Satyal  
IQAC Cordinator  
College of Vocational Studies

*Ajay Jaiswal*

Prof. Ajay Jaiswal  
Officer on Special Duty  
College of Vocational Studies  
Principal/अ.प्र.स.उ. / प्रधानाचार्य  
College of Vocational Studies  
कॉलेज ऑफ वोकेशनल स्टडीज  
(University of Delhi) (दिल्ली विश्वविद्यालय)  
Triveni Sheikh Sarai, Phase II  
त्रिवेणी शेख सराय, फेज- II,  
New Delhi-110017/नई दिल्ली -110017